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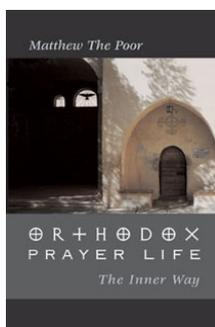
Bibliography of books or teachings by Fr. Matta El-Mesquine , tranlated into English

**The Monastery of St. Macarius
at Scetis (Wadi Natrun)**



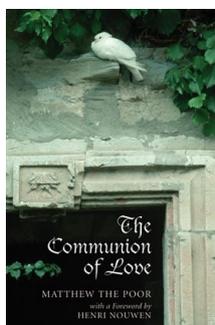
**Books by Fr. Matta El-Mesquine
Translated into English**

<http://www.stmacariusmonastery.org/mmhb.htm>



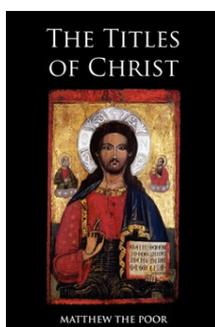
**"Orthodox Prayer Life: The Interior Way,"
by Father Matta El-Maskeen**

[Published by St Vladimir's Seminary Press](#)



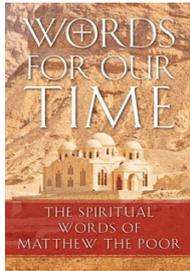
**"Communion of Love, The,"
by Father Matta El-Maskeen**

[Published by St Vladimir's Seminary Press](#)



**"The Titles of Christ,"
by Father Matthew the Poor (Fr. Matta El-
Meskeen)**

[Published by Orthodox Research Institute](#)



"Words for our Time"

The Spiritual Words of Matthew the Poor

[Published by Conciliar Press](#)

Books Published by The Monastery of St. Macarius

- The Origin of the Calender of the Coptic Church
- Our Need For Christ
- The Experience of God in a Monk's Life
- Epiphany
- The Mystery of The Cross
- Resurrection & Redemption In the Orthodox Concept
- Ascension & Pentecost
- Martyrdom of SS. Peter and Paul
- Pentecost
- One Christ One Catholic Church
- The Deep Meaning of Fasting
- Repentance
- Rules for Ascetic Life
- A Viewpoint on Birth control
- The Passion of Jesus Christ in our Life
- Christian Unity
- How to Read the Bible
- The CHRIST of History a Living Christ
- An Optimistic Vision of Divine Justice
- The Discovery of the Relics of St. John the Baptist & Elisha the Prophet
- Coptic Monasticism and the Monastery of St. Macarius, a Short History
- Welcome to the Monastery of St. Macarius
- The Assumption of the Body of Virgin Mary
- Spiritual Economy
- True Unity will be an Inspiration to the World
- The Birth of Christ and the Birth of Man
- On The Mount of Temptation
- Guidelines on Prayer
- The Kingdom of God: Clear Vision vs. Illusion
- Women: Their rights and obligations in social and religious life in the early church
- The Grain of Wheat
- The True Art of Successful Living
- How to Build up Ourselves on the Most Holy Faith
- The Hidden Aspect of the Birth of Christ
- When you Pray
- The Aim of The Christian Life

- The Birth of Christ is our Life
- Be Transformed

**Articles by Fr. Matta El-Meskine
Translated into English**

http://www.stmacariusmonastery.org/efr_mata_articles.htm

1. The Vast Bounds Of Faith In God
2. An Optimistic Vision Of Divine Justice
3. The Divine Foundation Upon Which Coptic Monasticism was Built
(note : not the right link for this document)
4. Christ of the Whole World
5. The Wedding of Cana in Galilee
6. Purity of Heart

The Coptic Church Review

<http://www.copticchurchreview.com/Coptic/Home.html>



EL-MESKEEN, FATHER MATTA

- The Resurrection, 1.1, pp. 6-12
- Spiritual Insights into the Daily Office of the Coptic Church, 1.2, pp. 53-59
- Feast of the Martyrs, 1.3, pp. 98-111
- Epiphany or the Day of Lights, 1.4, pp. 151-154
- The Holy Fast, 2.1, pp. 15-19
- The Holy Virgin in Church Theology, 2.2, pp. 52-58
- Bible Study, 2.3, pp. 110-111
- Christ in the Old Testament, 2.4, pp. 147-154
- Holy Thursday, 3.1, pp. 14-17
- Feast of the Assumption of the Body of Virgin Mary, 3.2, pp. 61-64
- Aim of the Christian Life, 11.2, pp. 35-43
- "We Have Found Jesus", 11.3, pp. 67-72
- Pentecost: The Promise of the Father, 16.2, pp. 35-42
- "I Am the Light of the World", 16.3, pp. 67-73
- The Wedding in Cana, 16.4, pp. 99-107
- Salvation and Faith, 17.3, pp. 51-58
- The Desire of All Nations, 17.4, pp. 83-89

About his works or his life:

- Books review: Translation of the Works of Father Matta El-Maskeen, 2.1, pp 39-45
- Book reviews: Liturgical Feasts in the Works of Father Matta El-Meskeen , 2.2, pp 79-85

- Book reviews: Coptic Monasticism in the Age of St. Macarius by Father Matta El-Meskeen,
by Boulos Ayad Ayad 9.2 p. 53
- Book reviews: The Spiritual Treasury of Fr. Matta al-Maskin by Prof. Fayek Ishak , 20.1,
p.31.32
- Book review: Orthodox Prayer Life: The Interior Way by Father Matta El-Maskeen, 24.3,
p.
- A special review dedicated to Fr. matta El-Maskeen after he passed away on 8 june 2006,
volume 27 No. 3 & 4, 2006.

The coptic hymns.net Spiritual Library

<http://www.coptichymns.net/>

Search coptic hymns.net Content : Matta El-Maskeen/author/Spiritual Library

The Position of the Resurrection in our Lives

by Father Matta El Maskeen (Matthew the Poor)

The resurrection is Christ's heavenly treasure, that He bought with His blood and entrusted to us; then He went away and the key to our journey remains in Him.

The Celebration of Pentecost

by Father Matta El Maskeen (Matthew the Poor)

A discussion of the Feast of Pentecost, and specifically, Acts chapter 2 verse 2, which states, "And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting."

Our Relationship With Christ

by Father Matta El Maskeen (Matthew the Poor)

We explore the immemorial relationships, meaning our relationship with Christ today that is founded on the basis of our relationship with Him since the very beginning.

Our Father Who Art in Heaven - Part 2

by Father Matta El Maskeen (Matthew the Poor)

"When you pray, say: 'Our Father In Heaven'." (Luke 11: 2-4)

Jonah, Nineveh, and Us

by Father Matta El Maskeen (Matthew the Poor)

As Church regulations have always been inspired, it is not in vain that the Church has established this blessed fast at this special time.

Jesus Christ: Son of Man, Son of God, and Lord

by Father Matta El Maskeen (Matthew the Poor)

Excerpt from "The Son of Man: The Title Christ Loved", by Father Matta El Maskeen

Asceticism and Purity

by Father Matta El Maskeen (Matthew the Poor)

A few pointers on how to wisely practice asceticism to crucify the will and allow the soul to flourish in God.

The Ego

by Father Matta El Maskeen (Matthew the Poor)

Seven steps to crucifying the ego and allowing the Truth to set you free.

The Deep Meaning of Fasting

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The Church imitates Christ. All that Christ has done the Church also does; He becomes its life. Christ's call to Matthew ("Follow me") was intended by Him to mean "Take my life for you." The Church has adopted this call as a scheme of its own. Fasting,...

Gethsemane and the Cross: The Tomb and the New Man

by Father Matta El Maskeen (Matthew the Poor)

Not from fear of death did terror enter Your heart. Your heartbeat was reviving the heavens, raising the earth, establishing the principle of life for every living thing.

Sheheet, i.e., the Weighing of Hearts

by Father Matta El Maskeen (Matthew the Poor)

A beautiful letter to monks and contemplation on the name and place of the Desert of Sheheet, where the Coptic Orthodox Monastery of Saint Macarius resides, by the Spiritual Father of the monastery, Father Matta El Maskeen (also known in as Father...

The First Epistle to the Thessalonians

by Father Matta El Maskeen (Matthew the Poor)

Paul the Apostle wrote First Thessalonians in the spring of 50 A.D., after his arrival at Corinth, and sent the second epistle five weeks later. It contains the first rules for spreading the Gospel in a tradition delivered by the Lord... Because when ye...

The Last Supper

by Father Matta El Maskeen (Matthew the Poor)

"Do this in remembrance of Me" (1 Cor. 11:24.) "Remember me till I come" (Coptic Liturgy of Saint Basil the Great) "I have earnestly desired to eat this Passover with you before I suffer" (Luke 22:15.) This was...

I am the Light of the World

by Father Matta El Maskeen (Matthew the Poor)

This is a brief article by Fr. Matthew the Poor (Abouna Matta El-Meskeen), the Spiritual Father of the Monastery of St. Macarius, Wadi el-Natroun, Egypt, featuring a contemplation on the meaning of Christ's declaration, "I am the light of the..."

The Day of the Cross

by Father Matta El Maskeen (Matthew the Poor)

This is an epic article released by Father Matthew the Poor (Abouna Matta El-Meskeen) on

Good Friday 1973. This article follows the Divine Trial of judgment that Christ endured for our sake.

Coping with Spiritual Paralysis

by Father Matta El Maskeen (Matthew the Poor)

Periods of impasse, of oppressive grief, of darkness engulfing the soul are inseparable parts of religious life. Read about how to deal with these times...

The Mystery of God's Love in Relation to Renewed Mankind

by Father Matta El Maskeen (Matthew the Poor)

Our love for God was impossible because of sin and the judgment of death. Removing the barricade, Christ, the Son, opened the way for us to God the Father's love. Through the cross He broke down the barriers, which were sin and the curse of death, that...

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The Hidden Aspect of the Nativity: The Kingdom of God

by Father Matta El Maskeen (Matthew the Poor)

Our meditations regarding the birth of Christ have, as a matter of habit, focused on what took place visibly in history, for the Word became flesh and we beheld His glory. Life was manifested, and we saw it with our eyes and touched it with our hands....

The Manifestations of God

by Father Matta El Maskeen (Matthew the Poor)

Following Adam's banishment from Eden, God made Himself manifest through various forms of fire. Speaking to all generations, it was limited to Abraham and his descendants and the people of Israel, who represented the nations of the world. They were...

The Bible as a Personal Message to You

by Father Matta El Maskeen (Matthew the Poor)

When you read the Bible as a personal message to you from God, the words find their way to the depths of your conscience and spiritual emotion. You read with a spiritual awareness, your heart being open, receptive and ready for obedience and joy. Like...

A Message to Sinners Only

by Father Matta El Maskeen (Matthew the Poor)

Sinners were and still are Christ's special and extremely important mission. This mission brought Him down from Heaven, out of His Father's embrace. For sinful mankind, Christ descended from the heavens and came into the world...

Emmanuel, which means "God with Us"

by Father Matta El Maskeen (Matthew the Poor)

This is how the Lord, through the Prophet Isaiah, communicated the new relationship that unites us with Himself. Christ is called Emmanuel, which alludes to the relationship that came

into effect through Christ's birth, and brought to us not only God's...

The Effect of the Liturgy of Prayer and Praise on the Being of Man

by Father Matta El Maskeen (Matthew the Poor)

It is not difficult to perceive that prayer and praise are in themselves a work of the Holy Spirit in us... When your soul has once been aroused by hymns or set prayers in church, prayer will always be able to admit to the presence of God without any...

The Liturgy of Praise in the Book of Revelation and in the Church Today

by Father Matta El Maskeen (Matthew the Poor)

This article justifies the traditional rites and practices in church worship utilizing the Book of Revelation as a superlative example.

The Divine Foundation upon which Coptic Monasticism was Built

by Father Matta El Maskeen (Matthew the Poor)

This article was written by Fr. Matta El Maskeen (Fr. Matthew the Poor) in response to questions posed to him by Le Monde de La Bible concerning the origins of Coptic monasticism in its early days and today, and the role played by the desert in monastic...

So if the Son Makes You Free, You Will be Free Indeed

by Father Matta El Maskeen (Matthew the Poor) Man is born into the world a slave, contrary to the popular saying that people are brought into this world by their mothers free. The freedom of which they speak is a bestial, earthly freedom. Natural freedom is that man does what he wants according to...

Spiritualité Orthodoxe - [Matta El Meskeen orthodox teachings](http://www.spiritualite-orthodoxe.net/vie-de-priere/index.php/matta-el-meskeen-orthodox-teachings)

(same articles than above but with some corrections according to arabic original text)

<http://www.spiritualite-orthodoxe.net/vie-de-priere/index.php/matta-el-meskeen-orthodox-teachings>

Articles by Father Matta El-Maskeen (other articles will be added)

Our relationship with Christ

- [Our relationship with Christ](#)

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Our love for God was impossible because of sin and the judgment of death. Removing the barricade, Christ, the Son, opened the way for us to God the Father's love. Through the cross He broke down the barriers, which were sin and the curse of death, that...

Prayer, meditation and contemplation

- [The Bible as a Personal Message to You](#)

When you read the Bible as a personal message to you from God, the words find their way to the depths of your conscience and spiritual emotion. You read with a spiritual awareness, your heart being open, receptive and ready for obedience and joy. Like...

Spiritual Purity and humility

- [Purity of Heart](#)

The soul that has been awakened to the reality of divine things for the first time always makes a deep, unreserved response to the truth, prompted by a boundless love for the Savior and a great delight in the world of the spirit and spiritual things.

- [Asceticism and Purity](#)

A few pointers on how to wisely practice asceticism to crucify the will and allow the soul to flourish in God.

- [How to free ourself from the limited self](#)

Seven steps to crucifying the ego and allowing the Truth to set you free.

- [Coping with spiritual paralysis](#)

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Liturgical cycle

- [The deep meaning of fasting](#)

The Church imitates Christ. All that Christ has done the Church also does; He becomes its life. Christ's call to Matthew ("Follow me") was intended by Him to mean "Take my life for you." The Church has adopted this call as a scheme of its own. Fasting,...

- [Gethsemane and the problem of suffering PDF](#)

Let us consider this: If a sinful man suffers and is oppressed by a certain amount of pain, it is because this is the law of sin. And if a good man suffers more than an evil man, it is because the law of sin holds sway over them both; in the rule of sin there is no just distribution.

- [Gethsemane and the Cross](#)

Not from fear of death did terror enter Your heart. Your heartbeat was reviving the heavens, raising the earth, establishing the principle of life for every living thing.

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- [Coptic Calendar PDF](#)

Monastic teachings

- [The Divine Foundation of Monasticism](#)

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